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Absence or inhibition of matrix metalloproteinase-8 decreases ventilator-induced lung injury.

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Absence or Inhibition of Matrix Metalloproteinase-8 Decreases Ventilator-Induced Lung Injury

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Mechanical ventilation is a life-saving therapy that can also damage the lungs. Ventilator-induced lung injury (VILI) promotes inflammation and up-regulates matrix metalloproteinases (MMPs). Among these enzymes, MMP-8 is involved in the onset of inflammation by processing different immune mediators. To clarify the role of MMP-8 in a model of VILI and their relevance as a therapeutic target, we ventilated wild-type and MMP-8-deficient mice with low or high pressures for 2 hours. There were no significant differences after low-pressure ventilation between wild-type and knockout animals. However, lack of MMP-8 results in better gas exchange, decreased lung edema and permeability, and diminished histological injury after high-pressure ventilation. *Mmp8*^{-/-} mice had a different immune response to injurious ventilation, with decreased neutrophilic infiltration, lower levels of IFN- γ and chemokines (LPS-induced CXC chemokine, macrophage inflammatory protein-2), and significant increases in anti-inflammatory cytokines (IL-4, IL-10) in lung tissue and bronchoalveolar lavage fluid. There were no differences in MMP-2, MMP-9, or tissue inhibitor of metalloproteinase-1 between

CLINICAL RELEVANCE

Matrix metalloproteinase (MMP)-8 promotes acute lung inflammation. Genetic ablation or pharmacologic inhibition of this enzyme leads to an attenuated inflammatory response that ameliorates ventilator-induced lung injury. Our results point to MMP-8 inhibition as a therapeutic target to avoid acute inflammation after high-pressure ventilation.

are currently viewed as key modulators of different cellular processes (5). Increased levels of MMPs have been documented in ventilated patients (6-8), as well as in experimental models of VILI (4), implicating MMPs in the pathophysiology of VILI (9, 10). Moreover, MMPs regulate critical processes associated with VILI,